

**Meredith Counseling and Consulting, LLC**  
**Child Intake Form**

Child/Adolescent's Name: \_\_\_\_\_ Date: \_\_\_\_\_

Birthdate: \_\_\_\_\_ Referral Source: \_\_\_\_\_

Address: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Parent/Guardian's Name and Home Phone: \_\_\_\_\_ Okay to leave message? \_\_\_\_

Parent/Guardian's Name and Cell Phone: \_\_\_\_\_ Okay to leave message? \_\_\_\_ Text? \_\_\_\_

Parent/Guardian's Work Phone: \_\_\_\_\_ Okay to leave message? \_\_\_\_\_

**Members of the Household:**

Name	Age	Relationship to Child/Adolescent

List any children living outside the household and their ages: \_\_\_\_\_  
 \_\_\_\_\_

**Family History**

Is the child/adolescent adopted? \_\_\_\_ Yes \_\_\_\_ No If yes, at what age was he/she adopted? \_\_\_\_\_

Does he/she know of the adoption? \_\_\_\_\_

Are the child/adolescent's parents separated or divorced? \_\_\_\_\_ Yes \_\_\_\_\_ No If yes,

- When did the separation occur (month/year)? \_\_\_\_\_
- When was the divorce final (month/year)? \_\_\_\_\_
- Who has legal custody? \_\_\_\_\_
- Who has physical custody? \_\_\_\_\_
- What is the visitation arrangement? \_\_\_\_\_
- Does the noncustodial parent:
  - Know of this Evaluation? \_\_\_\_\_ Yes \_\_\_\_\_ No
  - Have limited/unpredictable contact? \_\_\_\_\_ Yes \_\_\_\_\_ No

- Have regular/frequent contact? \_\_\_\_\_ Yes \_\_\_\_\_ No
- Insure the child/adolescent? \_\_\_\_\_ Yes \_\_\_\_\_ No

If the child/adolescent does not live with the biological or adoptive parent(s) please state with whom he/she resides and the relationship with the foster parent/guardian: \_\_\_\_\_  
 \_\_\_\_\_

Please state why the child/adolescent is in foster care or with a guardian: \_\_\_\_\_  
 \_\_\_\_\_

Are the child/adolescents parents/guardians currently employed? \_\_\_\_\_ If yes, please list position, title, name of employer, and length of time at employment: \_\_\_\_\_  
 \_\_\_\_\_

If not working, length of time unemployed? \_\_\_\_\_

Does the family engage in a personal faith practice? \_\_\_\_\_ If yes, please describe: \_\_\_\_\_  
 \_\_\_\_\_

How important is faith/religion to your family? Check below.  
 Not important \_\_\_\_\_ Somewhat important \_\_\_\_\_ Very important \_\_\_\_\_.

As a family, do you identify yourself with a particular cultural or ethnic group? \_\_\_\_\_ Yes \_\_\_\_\_ No  
 If yes, please note cultural/ethnic identification and the influence or role it plays in family life: \_\_\_\_\_  
 \_\_\_\_\_

**Birth to Five Year Developmental History**

Mother's Pregnancy: \_\_\_\_\_ Normal \_\_\_\_\_ Complicated (Explain \_\_\_\_\_  
 \_\_\_\_\_

Check any substances the biological mother used during her pregnancy and comment on any item checked: \_\_\_\_\_ Tobacco \_\_\_\_\_ Alcohol \_\_\_\_\_ Drugs \_\_\_\_\_ Medications  
 Comments: \_\_\_\_\_

Does your child/adolescent: Bed wet? \_\_\_\_\_ Daytime wet? \_\_\_\_\_ Soil and/or has bowel movements to underclothing? \_\_\_\_\_ If yes, please comment: \_\_\_\_\_  
 \_\_\_\_\_

By or before the time your child entered kindergarten did you, your child's physician or any of your child's preschool teachers have concerns about any of the following areas of development? Please check

	Language development (use of words and sentences)		Balance/Coordination		Intelligence
	Speech Development (Pronunciation)		Behavior Problems		Hearing
	Fine Motor Development (pencil grip, coloring, cutting, etc)		Vision		

**Educational Background**

Current School: \_\_\_\_\_

Has your child/adolescent repeated a grade? \_\_\_\_\_ Yes \_\_\_\_\_ No If yes, which grade(s)? \_\_\_\_\_

Has your child/adolescent been assessed for Special Education services? \_\_\_\_\_ Yes \_\_\_\_\_ No  
If yes, when? \_\_\_\_\_

Is your child/adolescent receiving Special Education classes now? \_\_\_\_\_ Yes \_\_\_\_\_ No If yes,  
what type of Special Education? \_\_\_\_\_

Does the child/adolescent have an Individualized Education Program (IEP)? \_\_\_\_\_ If yes, please  
list individuals involved in formulating the IEP and their relationship to the child/adolescent: \_\_\_\_\_

Is the child/adolescent involved in any organized sports? \_\_\_\_\_ If yes, please note what activity and  
how many hours per week: \_\_\_\_\_

**Medical and Mental Health Information**

Describe the child/adolescent’s physical health: Excellent \_\_\_\_\_ Good \_\_\_\_\_ Poor \_\_\_\_\_

List any current medical problems and any medications prescribed to treat the child/adolescent’s  
conditions:

Medical Condition	Medications taken (include dosages)

Please list any vitamins, herbal supplements or over the counter medications your child/adolescent is  
currently taking:

\_\_\_\_\_

Has the child/adolescent ever been in counseling? \_\_\_\_\_ Has he/she ever been hospitalized for a  
mental health concern? \_\_\_\_\_ If yes to either, please list:

Practitioner/Treatment Facility	Dates of Treatment	Issue Being Treated/Diagnosis

Has anyone in your child/adolescent’s family ever been diagnosed with a mental illness? \_\_\_\_\_ If yes,  
please list relationship(s) and illness: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Has your child/adolescent ever talked about or attempted suicide? \_\_\_\_\_ Yes \_\_\_\_\_ No

If yes, when and what were the circumstances? \_\_\_\_\_  
 \_\_\_\_\_

Has anyone in the family ever attempted/completed suicide? \_\_\_\_\_ If yes, please list relationship to child/adolescent, date(s), method(s), and the child/adolescent's age at time of attempt:  
 \_\_\_\_\_  
 \_\_\_\_\_

Has your child/adolescent ever talked seriously about hurting or killing someone/something, or done so?  
 \_\_\_\_\_ Yes \_\_\_\_\_ No If yes, please explain: \_\_\_\_\_  
 \_\_\_\_\_

To your knowledge has your child/adolescent ever been physically abused? \_\_\_\_\_ Yes \_\_\_\_\_ No  
 If yes, please explain. \_\_\_\_\_  
 \_\_\_\_\_

Has your child/adolescent ever been the victim of sexual abuse? \_\_\_\_\_ Yes \_\_\_\_\_ No  
 If yes, please explain: \_\_\_\_\_  
 \_\_\_\_\_

Please place an "X" next to any of the following that may be a concern for your child/adolescent.

Worries	Missing School Due to Illness	Destroys Property	Learning Problems
Fears	Frequent Physical Complaints	Sets Fires	Speech Problems
Obsessive Thoughts	Skipping Classes/School	Cruelty to Animals	Poor School Work
Compulsive/Repetitive Behaviors	Legal Problems	Sexual Activity	Mood Swings
Odd Thoughts	Runs Away from Home	Reckless/Careless Behavior	Sadness
Odd Behaviors	Tantrums, Angry Outbursts	Disruptive Behavior	Depression
Disturbing Thoughts	Bullies	Messy	Crying Spells
Nightmares	Argues	Accident Prone	Irritable
Night Terrors	Defiant/Oppositional	Short Attention Span	Withdrawn
Insomnia	Fights	Distractible	Boredom
Sleepwalking	Lies	Hyperactive	Significant Weight loss
Will Not Sleep Alone	Steals	Impulsive	Significant Weight Gain

**Substance Use/Other Addictive Issues/Behaviors**

Has your child/adolescent ever used alcohol and/or drugs? \_\_\_\_\_ Yes \_\_\_\_\_ No  
 If yes, and to your knowledge, please complete the table below.

<b>Substance</b>	<b>Age When Use was Discovered or Suspected</b>
Cigarettes	
Chewing Tobacco	
Alcohol	
Marijuana	
Cocaine/Crack/Meth	
Inhalants	
Stimulants	
Hallucinogens	
Heroin/Opiates	
Prescription Drugs (specify)	
Other (specify)	

Has your child/adolescent been treated for alcohol/drugs? \_\_\_\_\_ Yes \_\_\_\_\_ No  
 If yes, please list type, length, dates, and age at time he/she received services: \_\_\_\_\_

Please indicate if any family member has ever used the substances below:

<b>Substance</b>	<b>Family Member(s)</b>	<b>Amount of use</b>	<b>Frequency of use</b>	<b>Time period of use</b>
Cigarettes				
Chewing Tobacco				
Alcohol				
Marijuana				
Cocaine/Crack/Meth				
Inhalants				
Stimulants				
Hallucinogens				
Heroin/Opiates				
Prescription Drugs (specify)				
Other (specify)				

Has any family member ever participated in drug and alcohol treatment? \_\_\_\_\_ If yes, please explain: \_\_\_\_\_

Do any family members currently attend or has any family member ever attended Alcoholics or Narcotics Anonymous? \_\_\_\_\_  
If yes, who? \_\_\_\_\_ Please list length of time sober and number of meetings the family member attends per week: \_\_\_\_\_

Does anyone in the family gamble? \_\_\_\_ If yes, who? \_\_\_\_\_ Has this family member ever lied to people important to them about how much they gambled? \_\_\_\_\_ Has this family member ever felt the need to bet more and more money? \_\_\_\_\_

**Adolescent Work and Legal History**

Did/does your adolescent work? \_\_\_\_ Yes \_\_\_\_ No If yes, please state name of employer and his/her position: \_\_\_\_\_

Is the adolescent involved in any civil or criminal legal proceedings? \_\_\_\_ Yes \_\_\_\_ No If yes, please explain: \_\_\_\_\_

Has our adolescent ever been charged/arrested for any offense in which drugs or alcohol have been involved? \_\_\_\_ Yes \_\_\_\_ No If yes, please explain: \_\_\_\_\_

Is your adolescent presently on probation? \_\_\_\_ Yes \_\_\_\_ No If yes, please explain: \_\_\_\_\_

**Personal Concerns and Goals for Counseling**

What are the primary issues for which you are seeking counseling/therapy for your child/adolescent?  
1. \_\_\_\_\_  
2. \_\_\_\_\_  
3. \_\_\_\_\_

What do you hope to achieve through this experience? \_\_\_\_\_

To the best of my knowledge, I attest that the information written on pages 1-6 is true and accurate.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Clinician Reviewing this Form

\_\_\_\_\_  
Date

